Welcome Back

On behalf of the guidance office, we welcome all students and staff back to BMHS. We are excited for the start of what we hope will be a great year. We want to welcome the Class of 2023 and our new staff members.

The start of the school year is always a hectic time here in our office. We welcome new students as they register and meet with them to schedule their classes. We also meet with current students as they make changes to their schedules at the start of the school year. We begin the process of meeting individually with all seniors to review their graduation requirements. We also help the Seniors plan for graduation and their future. We will be working with them on Naviance to make sure they have the information and skills they need to apply for college and scholarships, as well as signing up for college visits here at BMHS. We will begin flex presentations to the freshmen overviewing the transition to high school.

We always encourage parents/guardians to contact us with any questions. Call Mrs. Lowry at 752-4122 x1 to schedule an appointment to meet with your student’s counselor.

The Guidance Office Staff

How well do you know the staff of the guidance office??

Mrs. Aikens works with students in grades 9-12 with the last names A-K. Many of you may remember her from Hillside Elementary where she worked as a school counselor and was a fifth grade teacher before that.

Ms. Lemoine works with students in grades 9-12 with the last names L-Z. Ms. Lemoine worked as our JAG teacher for 3 years. Welcome to your new position, Ms. Lemoine.

Mrs. Micucci has returned as our SAP counselor. She works with students in grades 9-12 here at BMHS. Her office is located on the third floor by the elevator. Welcome back!

Mrs. Lowry rounds out our guidance office team as the office manager. She handles everything from scheduling appointments to handling transcript requests to overseeing our spring Senior Awards Night.

Berlin High School will once again be using the Naviance program for all students in grades 9-12. Stay tuned for updates!

Naviance is a comprehensive K-12 college and career readiness solution that helps districts and schools align student strengths and interests to post-secondary goals, improving student outcomes and connecting learning to life.
You will receive a great deal of information and forms from the guidance office this year through flex period. Stay organized and don’t miss any deadlines!

This month, be sure to return the About Me form to Mrs. Lowry by September 25th. This helps your counselor know what your plans are after you graduate and guides her when she writes a letter of recommendation for you. This will be emailed to you. Paper copies are available in the guidance office.

You will also be emailed a College Application Guide. This is jam packed with valuable info about the college application process and financial aid. Bring this home and share it with your parents/guardians. It will also be available online in the guidance portion of the high school’s website.

Be sure to check your Naviance account regularly for college and scholarship information. This is your main source for scholarships!

Also, please pay attention to the bulletin board outside the guidance office. Mrs. Lowry will continually update the board with college admission rep visits. **Please make sure to sign up through Naviance. As the year goes on, some information on scholarships will also be posted.

On September 24th during block 2, BHS will host the NHCUC (New Hampshire College & University Council) College Mini Fair. Mostly all of the colleges in the State of NH will be here including: UNH, Plymouth State, Keene State, and the Community College System of NH. Please be on the lookout for the notice for registering for this event.

Starting a new school can be overwhelming. There are many changes from attending the Middle School to attending BMHS. Your counselor is here to make that transition as smooth as possible.

Your counselor will work with you for all four years of your high school career, so it is important to develop a solid relationship with her. She can help with things like study skills, time management, organization, choosing appropriate classes, and planning for your career after graduation.

Many seniors will tell you the habits they formed as freshmen stuck with them until they graduated. So start the year off right– get organized and use a planner or an online calendar for recording homework and projects and then check it at home.